

Pilgrim Mass

Each morning around 11 am everyone starts to make their way to the Cathedral. It fills quickly. At the stroke of Noon, the cantor intones an entrance antiphon and the Mass begins with a long list being read detailing the countries from which pilgrims have arrived in the last 24 hours.

The Mass which follows is deeply moving, with different accents and languages contributing and from the Pilgrims a profound sense of thankful relief and celebration that the journey has ended.

There are other Masses each day in the Cathedral and confession is available in many languages.

Holy Smoke - The Botafumeiro

The Botafumeiro is the world's largest thurible weighing 80 kgs. Some say it was used as a medieval deodorant when the Cathedral was full of pilgrims who hadn't washed for the duration of their journey. Others say that the billows of incense it produces symbolise the prayers of the pilgrims. Nowadays the Botafumeiro is swung at the end of some of the pilgrim masses when a team of eight "tiraboleiros" operate a huge medieval mechanism to swing the Botafumeiro the height and length of the transept of the Cathedral.

Day is done

During many months of the year there is an Evening Service in the Cathedral from 9 – 10pm only for pilgrims who have travelled to Santiago by foot, bicycle or on horseback.

THIS GUIDE IS ALSO GIVEN ON THE STRICT UNDERSTANDING THAT PILGRIMS USING IT WILL SEND COMMENTS HELPFUL TO FUTURE PILGRIMS TO johnniewalker-santiago@hotmail.com

Confraternity of Saint James

Pilgrim Guides to Spain

7. The Camino Inglés



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1. to make a donation, through the donation facility in the Bookshop section of the website;
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On arriving in Santiago

The Pillar, the Hug and the Tomb

Each day pilgrims arrive at the Cathedral Square but their journey is not at an end, they still have things to do.

Entering the Cathedral each pilgrim first touches the Pillar depicting the Tree of Jesse where now you can actually put your fingers into grooves marked by centuries of hands. (closed for restoration in 2008) Pilgrims then go to the back of the high altar to rise behind the statue of St James to give him the traditional "abrazo" - a warm hug in gratitude for a journey well made. They then descend to the tomb of the Saint to give thanks for all that has been encountered on the long journey here.

Seal of approval - The Compostela

Pilgrims to Santiago de Compostela carry a Pilgrim Passport (Pilgrim record/*Credencial*) with them. They have these stamped everywhere they stop on the way. This document gives access to the network of refuges provided along the routes. On production of a Credencial with stamps showing the pilgrim has walked at least the last 100kms or cycled at least the last 200 kms the Pilgrims' Office at 1 Rúa do Vilar will issue a Compostela to those who have walked for a spiritual motive. Those who have journey for non spiritual reasons may receive a Certificate of Welcome. Those travelling from Ferrol may receive the Compostela and those travelling from A Coruña will receive the stamp of the Cathedral.

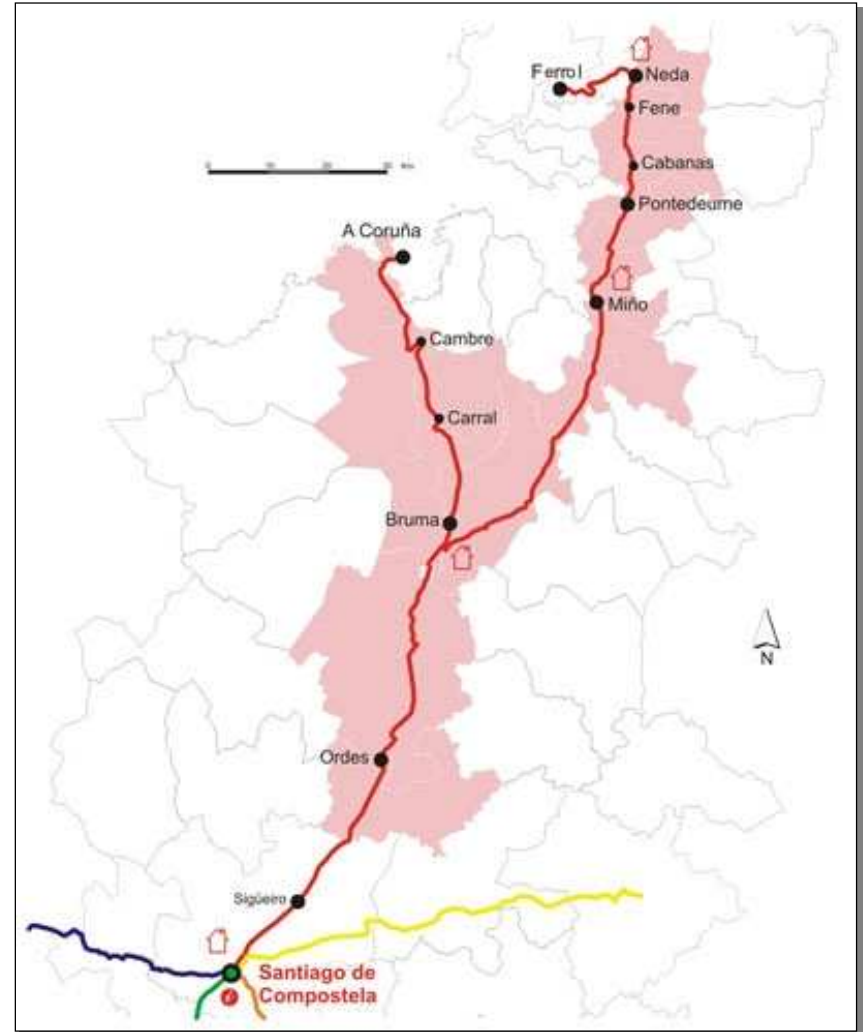
Follow the road downhill slightly passing a lavadero on your left then rising up to the top of the road to the trees with a waymark opposite indicating a Left turn.

KSO along this street passing on your left the Centro Libredón at number 94 with scallop shell decorations on the window grills. At house number 58 KSO ahead, passing an office called "Contabilidad José Luís Rey" on the right. The road swings down to the left, and if you look ahead here, you will get a glimpse of the Cathedral spires. The road comes to a junction with a Left hand turning marked by a pillar indicating only 1.635 km to go ...! **15 kms.** Turn Left and follow the road round to the left and at the Café Bar Garcia Lorca - note the yellow arrow on the kerb opposite with a waymark and cross over and down into a small park taking the first Right path with arches on your Left. Walk up to the statue of Pablo Iglesias after whom the park is named and using the pedestrian crossings cross to the diagonal opposite of where you are now to the Rúa da Pastoriza. On the roundabout behind you there is a large modern sculpture of a pilgrim. Walk along the Rúa da Pastoriza away from the sculpture. You are now heading for the old town of Santiago and the Cathedral. Look for the towers of the Cathedral appearing above the rooftops.

Shortly, at the Church on the left, the road becomes the Rúa dos Basquiños. KSO until you come to a government building dealing with emigration on the left at which point cross over and proceed down a lower road on the right hand side the Rúa Santa Clara past the Convento del Carmen.

You are now entering the old town of Santiago. For those who have not visited before the medieval city with all of its streets, plazas and lanes can be at first confusing. The final stages of the Camino Inglés are simple – you should keep straight on ahead all the way along the Rúa Santa Clara, becoming the Rúa dos Loureiros, the Porta da Pena, the Rúa da Troia and when the road narrows with buildings on either side come to the end and turn Right. KSO ignoring the left turn and pass down into the Plaza Immaculada with the Cathedral rising above you on the left. KSO ahead down the steps under the arch in front of you and reach the monumental Plaza del Obradoiro in **Santiago de Compostela. 16 kms**

Congratulations!!
You've arrived



Source: www.xacobeo.es

The Confraternity of Saint James in the United Kingdom

The Confraternity of Saint James in the UK is the largest and oldest English speaking association of pilgrims.

The Confraternity promotes the pilgrimage to Santiago de Compostela and provides support and services to pilgrims.

Amongst these services are: Practical Pilgrim Days, where around the country they provide an opportunity for potential pilgrims to learn more; a regular members' bulletin; a bookshop and library. The Confraternity also promotes research and provides a bursary to young people undertaking research into the movement around St James and they also offer help to elderly, frail or disabled people who might otherwise be unable to undertake the pilgrimage.

The Confraternity publishes guides to many of the routes to Santiago and also runs two refuges for pilgrims at Gaucelmo (on the Camino Francés) and Miraz (on the Camino del Norte). See more at www.csj.org.uk.

The CSJ can also provide a Pilgrim Record for members - www.csj.org.uk/how-to-get-a-credencial.

This Guide

The first Guide to the Camino Inglés was written by Frances Davey and Pat Quaiffe and published in 2000. Since then the route has changed and there is much clearer waymarking. This new Guide is part of a series of guides to the shorter Camino routes published online and in print by the Confraternity of St James <http://www.csj.org.uk/guides-online.htm>. These guides are available to download for a donation and are regularly kept up to date as pilgrims send comments to the authors.

Introduction

"The pilgrimage way to Compostela enjoyed widespread fame throughout medieval Europe. Land and sea alike were furrowed with routes rich in spirituality leading to Santiago de Compostela. The maritime routes drew pilgrims from Scandinavia, Flanders, England, Scotland and Ireland on their way to destinations such as Ribadeo, Viveiro, Ferrol and A Coruña. Blessed by an exceptionally strategic location, the latter two coastal enclaves are the starting points for the two alternative itineraries that make up the English Way." (Source: The Xacobeo guide to the Camino Inglés)

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Pass along the front of the house along the hard shoulder of the main road. Pass a white electricity junction station with a tiled roof. KSO passing house 52 on the other side of the road. And another brick house and at an 80 km speed limit sign turn Right passing house 30 Casa de Andrea on the right. Go gently uphill then at an old factory or farm building follow the waymark to the Left taking the path gently downhill.

KSO this path through the woods following waymarks and as you emerge at the end of the forest path to a small road running parallel to the N550 follow the waymark to the Right.

KSO this minor road parallel to the main road for 1 km eventually veering Right at the top and coming out onto to a small road with a waymark. Turn Right.

KSO downhill passing factory units on the left and head uphill (steep at first but not for too long), on a purpose-made stretch of off-road Camino, smoothly surfaced with crushed granite) into the trees. Follow this path and a waymark turning to the Left. KSO ahead. At the end of this section at a factory follow the waymark on the wall and turn slightly downhill to the Right. Then reach a modern office building occupied by Telsís on your left with a waymark in front of you. Turn Left. **12 kms**

You are now in the industrial outskirts of Santiago and on the final stage of your journey. Unlike other routes to Santiago, such as the Camino Francés and the Via de la Plata, the pilgrim's entrance into the city on the Camino Inglés is not heralded with far off views of the spires of the Cathedral which get closer. Unless you glance just the right way at just the right moment, you will not see the Cathedral until you are almost upon it. For those who have not walked into Santiago before that wonder has yet to come.

KSO passing the café bar Poligono on the right. KSO across two roundabouts then pass to the Right of a large walled cemetery and leave the industrial estate behind and come to a house number 66 on the left with a waymark tile. **13 kms**

KSO the road as it moves between houses. After 300 meters pass the Café Bar Mero on the left. At the STOP sign immediately after the bar follow waymarks to the Left and pass in front of the Café Bar Andega Bello. A little further on observe the yellow arrow on lamp post and pavement and follow the road Right – KSO until at house number 59 Rúa do Tambre in Meixonfrio notice a waymarked turning to the Right. **14 kms**

Follow this road up to the STOP sign at the main road and turn Right at the waymark to pass a building on your Left with a picnic area to the side. KSO the lane in front of you.

After turning to the Left KSO following the yellow arrow on the wall. Keep on this small road veering to the Left at the waymark at the stone house on the right. At the STOP sign at the end of this section turn hard Right onto a small road which passes alongside but below the main road. Pass on your left a large Camino de Santiago sign.

At the end of this section go up a small path to the Left passing behind the crash barrier then cross a concrete bridge over a small river and KSO to the bus stop. At the bus stop move out Left to walk beside the crash barrier on the right hand side of the road alongside the bus lane. Very shortly pass a hórreo and a building on the other side of the road with the sign "Ferreteria Cruz". At the next junction turning to the Right you will see the yellow arrow on the ground and on the lamp post opposite. Follow this road to the Right. Just past house number 4 opposite a small Telefónica building turn up Left.

Proceed through a concrete tunnel under the **railway. 8 kms**

KSO uphill and at a junction with a house on your left follow the waymark to the Left up a path through the trees. As you move up the incline realise that this is the last major cardio vascular exercise you will do for any sustained amount of time on the Camino Inglés! Another cause for celebration is that you are now less than 10 kms from Santiago.

At the top of the incline at the waymark turn Left onto another path. At the top follow this path up to a junction and veer Left. Having turned Left KSO and eventually come upon an electricity pylon with a very faded but reassuring yellow arrow. KSO. As you pass a larger electricity pylon on your right the path goes through an area shaded by trees and as you emerge out at the road with stone building to the right happily there is a waymark indicating that you turn Right.

Departure points

This Guide describes the routes from A Coruña and Ferrol. The route from A Coruña to Santiago de Compostela is approximately 72 kms in length and therefore those travelling this arm of the Camino Inglés are not entitled to receive a Compostela, for which a journey of 100 kms is required. The route from Ferrol is approximately 118 kms.

Both routes meet at Hospital de Bruma – 32 kms from A Coruña and 74 kms from Ferrol.

For an overall map of routes in Galicia:

http://www.turgalicia.es/mapasgalicia/mapasgcs.asp?cidi=G&menu=12&submenu_1=3

NB. If leaving from Ferrol it is important that you obtain a sello in Ferrol to demonstrate to the Pilgrims' Office in Santiago that you have walked more than 100 kms in order to qualify for the Compostela. There is no requirement for that sello to be from the Tourist Office and you may have your Credencial stamped in your hostel etc.

Statistics – Pilgrims walking the Camino Inglés

2000	98
2001	131
2002	181
2003	260
2004	3,096 (Holy Year)
2005	651
2006	804
2007	1,085
2008	1,451
2009	1,793
2010	6,442 (Holy Year)

(Source: La Oficina de Acogida al Peregrino of Santiago de Compostela)

Internet resources

A number of Camino related internet sites offer useful information about the Camino Inglés. The following list is not exhaustive:

- <http://www.csj.org.uk/route-camino-ingles.htm>

The Confraternity of Saint James is worth joining to support this, the oldest English language association run by pilgrims for pilgrims. It is the principal source of information on Camino related matters.

- <http://www.caminodesantiago.me/>

With the largest English speaking interactive pilgrims' forum.

- http://www.santiago-compostela.net/ingles/index_ci_en.html

For photographs of the route.

- http://www.xacobeo.es/2006/adjuntos/descargas/25_The_English_Way.pdf

For a very well presented downloadable general guide to the route in English – not worth printing if calling at the Tourist Office in Ferrol – see below.

- <http://www.caminoingles.com>

For strip maps, photographs and general information.

- <http://www.mundicamino.com/>

With much information and graphic profiles.

- www.turgalicia.es

Go to publications – Mapas de Galicia – Mapas Camiños de Santiago – for a map of the routes in Galicia.

Go to publications – and then Aloxamentos 2008 – for a list of registered hotels and hostales – the index covers the main points on the route.

- http://www.ign.es/ign/en/IGN/cartoteca_MapTopo.jsp

For map enthusiasts there is a complete set of IGN 1:50,000 maps of Spain available for download as PDF files.

Go up the incline in front of you with the parish cemetery to your left. KSO a forest path. After approximately **1 km** the path emerges onto a minor road. Turn Right following the waymark. Follow this road to the STOP sign and cross the main road taking up a forest path opposite with the waymark sign on the right hand side. Ignore the immediate Left turn at a house KSO up the path going steadily uphill.

Stay on this path on a fairly long straight stretch to a T junction at the end with a waymark indicating a Left turn.

Keep on this path downhill a short distance to a crossroads and follow the waymark turning Right. After a short distance rising gently on this path follow the waymark and turn Right. Follow this path along and then gently downhill close to and parallel to the motorway. Veering gently left to a staggered cross roads carry on straight ahead following the waymark.

Follow this path round as it skirts to the left hand side of a large field with trees on your left. As you pass the field on your Right avoid the left turn following the waymark straight ahead. Proceed downhill on the path and KSO through a tunnel under the motorway. **3.5 kms**

Shortly after the tunnel follow the waymark sign and turn Left. Soon at a junction on the road carry on straight ahead and follow the arrows along a wide path between trees. Follow the path as it winds its way eventually down to the road but shortly before then follow the waymark sign and turn Left. KSO gently downhill and straight ahead at the next crossroads. KSO at the next crossroads see the waymark sign on the wall of a pink house on the left. Shortly after which is a Cruceiro with picnic area and children's play area to the Left. **5 kms**

KSO passing a church on your left and KSO to the end of the road between the houses and turn Left at the waymark. Shortly follow the yellow arrows and walk along the left hand hard shoulder of the N 550 keeping close to the barrier. Then veer Left and pass over a gravel path in front of a house and cross the road and go downhill to turn Right into a tunnel below the N550. Pass under the road and shortly afterwards walking up a gentle incline follow the waymark to the Left along a path. At the end of this section as you reach a minor road at a farm building follow the waymark Left.

There are regular buses into Santiago and there is a taxi stand opposite the bar of the Hostal Miras. There is a bus at approximately 7pm in the evening.

Mass and sello

Both available at the Church of Barciela dedicated to St Andrew. Mass at 7.30 pm. Sello available in the sacristy. The Church is just across the bridge from the Hostal Miras and is on the route to Santiago.

Alternative to staying in Sigüeiro - Deixebre

At the bus stop at the 18 km mark in the preceding account, instead of continuing on to go beneath the motorway, it is possible to turn Right along the main road and follow this for about one kilometre into Deixebre. At the T-junction in Deixebre, which adjoins the parish church, there are two options for accommodation: straight ahead is the Hotel Os Carballos (though this was closed in 2010); to the left, past the large petrol station, is Parilladas a Reventar, a steak house with small but reasonably priced en suite rooms upstairs. Their main clientele is truckers rather than pilgrims, but they will give you a sello. Deixebre also has a decent little grocery store, which can be found by turning right at the T-junction and walking a couple of hundred metres. If you stay here, the best way to re-join the waymarked camino is to cross the main road, take one of the minor roads which head straight ahead, and then after a few hundred metres turn Left on to a quiet rural road which parallels the main road to Sigüeiro. After about three kilometers you will see the road ahead reaching a right hand bend. Take the next Left and go over a small bridge into Sigüeiro, turning Left at the T-junction, then Right along the main road, where you'll pick up the waymarks again, passing cafés such as Café Che, that are handy for breakfast.

Sigüeiro – Santiago de Compostela approximately 16 kms

Cross the bridge over the River Tambre and at the end of the bridge follow the waymark to the Left. There is a slight discrepancy between the mileage on the waymarks from here and those given in this Guide. This is due to changes to the route. The overall difference is only around 0.5 km. Go up the lane and veer to the Right passing the Church on one side and a bandstand on the other.

There is a water tap on the wall behind the church, next to the cemetery gate. If your bottles are not full, this is your last chance until the outskirts of Santiago.

Albergues

On the Ferrol arm of the route there are albergues in Neda, Miño and Hospital de Bruma - these have been established through the enthusiasm of local Amigos Associations rather than an overall plan of accommodation needs on this route. There were other sleeping facilities provided in temporary accommodation during the Holy Year 2010 - notable in Ferrol and Pontedeume. At this time it is not known how long these will be open beyond 2010. More information is requested. Therefore most use the following stages using **hostal or hotel accommodation** at each stage or either hostel accommodation or the excellent albergue at Hospital de Bruma:

Ferrol – Pontedeume	25 kms
Pontedeume – Betanzos	20 kms
Betanzos – Hospital de Bruma	29 kms
Hospital de Bruma – Sigüeiro	24 kms
Sigüeiro – Santiago de Compostela	16 kms

For those wishing to use **albergues**:

Ferrol – Neda	11 kms
Neda – Miño	27 kms
Miño – Hospital de Bruma	38 kms

New albergues planned: New albergues are planned for Betanzos, Sigüeiro and Carral - the latter being on the A Coruña arm - but work on these seems to have been halted for the moment. There have also been reports of a temporary albergue in Pontedeume. Any further information on accommodation available would be appreciated.

Definitions used in this guide:

KSO – keep straight on

Fuente – a drinking water fountain

Lavadero – a communal place for washing clothes

Cruceiro – a stone cross, usually with figures carved on each side, often placed at parish boundaries

How to get there

Fly to A Coruña with Vueling or Iberia from London and walk from there to Santiago or take a bus to Ferrol:

- <http://www.vueling.com/EN/>
- <http://www.iberia.com/flight-offers/La-Coruna/>
- <http://www.coruna-ya.com/transporte-interurbano/marina-lucense/ferrol.html>

The airport bus from A Coruña costs around 1 euro. It stops at the bus station if you wish immediate onward travel to Ferrol.

Or

Fly to Santiago with Ryanair and get a bus to Ferrol or A Coruña:

- <http://www.ryanair.com>

There is a bus every half hour or so to the **Estación Central de Autobuses**, from which there are several buses each day to Ferrol.

Once in the bus station at Ferrol, you need to walk the only obvious way into the city streets, then in the first big plaza you come to, take the major right-hand street which leads (after a kilometre or so) to the starting point in Ferrol Harbour. The Tourist Office where you can obtain a credencial and sello is in this square as described below.

From Oviedo and Asturias: Getting to Ferrol from Oviedo: The narrow-gauge FEVE train leaves Oviedo at 07.47 or 14.47; the scenic journey takes 7 hrs. (see www.feve.es)

If going on to Sigüeiro from the Cruceiro at the Bar follow the arrows past the Church, Capilla de NS de la Mercedes and follow signs to Pereira.

Having followed the arrows for approximately 2 kms following a forest path section come to a junction and KSO following a kerb of granite blocks on the left of the path and after a short distance you will see the next waymark. Further on at a left turn at a waymarked crossroads on the forest track there is an Information Board about the Camiño Real. A little further on cross a main road with a bus stop which is useful for a rest on a hot day this is opposite a sign Husquarnh and a road sign to A Burata. **18 kms**

Cross over, passing the bus stop on your right, and proceed down and under the motorway follow the arrows and shortly turn on to a long straight broad track and KSO for approximately 4 kms until you come to another bus stop. **22 kms**

KSO past the bus stop passing on your right a series of industrial buildings dominated by the Televés building. KSO down this road and at the bottom ignore the road to the left and follow the road round Right. KSO until you come to a waymark leading you off to the Left through a very well waymarked path until you emerge at the local swimming pool. Pass around the swimming pool Left and pass the final waymark pointing the way over waste ground into **Sigüeiro.**

At a modern sculpture dedicated to the Camino Inglés opposite the Centro Cultural turn Right following the Rúa Lengüelle and take the second turn on the Left - see a waymark tile high on a column at this turning. Proceed up this street, the Rúa do Tambre, to the main road with a Farmacia at the top. At the top on the street turn Right and walk down to the bottom. On your right is the Hostal Miras and on your left is the bridge over the Río Tambre. **24 kms**

Where to stay? There are two options in Sigüeiro:

- 1 It is possible for pilgrims to sleep in the local sports centre or polideportivo but only after 5pm and by arrangement – Tele: 981 691 478 or 616 408 598 or 659 975 171 There are mattresses and showers. The polideportivo is close by the swimming pool you pass on your way into Sigüeiro. Very basic.
- 2 The Hostal Miras – Tele: 981 694 508. 15 Euros for a room – very basic but with excellent and reasonably priced home made food.

Hospital de Bruma – Sigüeiro approximately 24 kms

The route today is very straightforward and well waymarked.

Follow the arrows out of Bruma and KSO for 1 km to **Seixo**. KSO to Cabeza de Lobo with the church of San Pedro and a Cruceiro. A little further on there is a Café/Bar Porto and the current owners speak English having worked in London for some years. However it seems to keep irregular opening hours. **3 kms**

Just past the Café Bar O Porto, on the right, is a 6m-tall grey granite statue of Santiago in his pilgrim guise, which was erected in the 2010 Holy Year.

Follow the waymarks through the hamlets of **Carreira** and **Mámoas**. Just before reaching **Carballeira** there is a comfortable bench on the right by a fuente – though in 2010 this had a sign saying it was not fit for drinking. Just past Carballeira, look out for a stone marker on the right which heralds a welcome departure from the tarmac, onto a newly-constructed, off-road section of the Camino, smoothly surfaced with crushed granite and passing amongst shady hedgerows. This finally ends at a clearly marked Left turn, which you follow to a Right turn back onto a minor road in A Pereira, from where you continue into the village of A Rúa, in the parish of **Buscas**. **8 kms**

The Bar Novo is on the left and provides sandwiches. Opposite is the Casa Rural, Dona Maria, Telephone 981 681 430. The church of San Paio is close to the road on the right and a Cruceiro. The church has a small 18th Century statue of San Paio, a child martyr, on the outer wall. There is another bar on the right, the Bar La Rúa.

Proceed out of **Buscas** following the waymarks. After 2.5 kms after leaving Buscas when the route passes under the road, cross the road and pass a house on the left. Follow the route to the Left signed by a waymark and on your right is a Casa Rural, the Antón Veiras, Telephone 981 682 302. Shortly after this you will see the Parish Church of San Xulian de Poulo off to your right.

KSO into Calle de Poulo. **13 kms** At the Cruceiro on the left is the Café-Bar O Cruceiro. This is the last stop for food and drink before Sigüeiro. At the junction there is a road off to the Right with a sign Ordes 3 kms where there is a good selection of accommodation etc. The Hostal Louro is recommended: down the steps from the main square at José Antonio 19. Tele: 981 680 831.

How to find a place to stay

The internet is now a rich source of information on accommodation: www.turgalicia.es is particularly recommended, as it gives contact and location details for all types of bookable accommodation. So too is the local Tourist Office, which will have a list of accommodation of different prices - and they may also express an opinion on the most suitable. Whilst many pilgrims want to book in advance to be sure of a bed and to avoid trailing around hostales with a rucksack at the end of a hard day's walking, there are bargains to be had arranging at the last moment. If you are going to do this however make sure you avoid any local fiestas.

You should check out in advance how to get to the Tourist Office or town centre from your point of arrival at the airport/bus station.

Travelling by bus or taxi on the Camino

All of the bars along the route have telephone numbers for local taxis and information about buses.

Throughout the A Coruña arm, and from Bruma/Meson do Vento on the joint route, it is not too difficult to leave the Camino and walk to the parallel main N550 road (A Coruña to Santiago) where there are buses in both directions. These are at hourly and sometimes 2 hourly intervals with the last bus being at 7pm, except on a Friday.

There are hotels and hostales along the road at Meson do Vento, Ordenes and Sigüeiro that provide useful and inexpensive alternatives for meals and lodgings.

Language – what to do if you think you are lost

Spanish and Gallego, which is closer to Portuguese in many ways, have equal status in Galicia. Most people in towns speak both languages, but in the countryside Gallego is more commonly used. Place-names on sign-posts may be in either language, for example Ordenes (Spanish) or Ordes (Gallego), although Gallego is now more common.

Whilst along the Camino Inglés you will not encounter many local people who can speak English, they are becoming more used to pilgrims from outside Spain. If you make an effort to talk to them they will go out of their way to be helpful. Those who do not speak Spanish can still make this journey but could take a phrase book and/or learn some phrases such as how to ask directions or book a room.

The route from both A Coruña and Ferrol and is well marked with granite waymarks and yellow arrows on lamp-posts, trees, walls, on the ground etc. This guide gives very specific directions. It is very unlikely that you will get lost. However if you feel that you may have lost your way a rule of thumb is that, **unless otherwise indicated in this Guide**, if you have not encountered an arrow or waymark for 1 km (or roughly 15 mins walking) you should:

- a) Go back to the last arrow and check that you followed the direction correctly; or
- b) Ask directions from a local person.

Asking directions can be daunting if you do not speak Spanish but local people will recognise you are a pilgrim and will try to be helpful. If there is no one around and you are near houses then knock on a door or stop a passing car. Keep your communication simple. Often pointing at where you want to get to in the guide book will be sufficient. Also useful are the words "donde" (pronounced *donda*) meaning "where" or "donde esta" meaning "where is" plus an indication of where you want to go will be sufficient. Other key words are "El Camino" and "La Ruta".

For example: "Donde esta el camino?" or "donde esta la ruta?" – "where is the camino?" or "where is the route?" Or simply point to where you want to get to in the Guidebook.

For those staying at the albergue

On entering Bruma follow the waymark tile opposite to the Left and walk down into the village. The albergue with 25 beds is at the bottom with a most helpful hospitalera and her husband, Carmen and Benino. They live nearby in the village.

Tele: 981 692 921

There is a small cooker and pots for cooking in the albergue and there is the option to walk to Meson do Vento to one of the bars – a round trip of 4 kms. Often the hospitalero will drive pilgrims to a supermarket for provisions and there is also a delivery service to the albergue:
Menu del Día + sandwiches etc delivered to the albergue from: La Bar Ruta
Tele: 981 692 754.

If the Albergue is full, you might be offered the opportunity of sleeping in the 'polideportivo' (sports hall) a few hundred metres from Meson do Vento. Those who have taken this option report uncomfortable conditions, unless you're indifferent to mildew and spiders.

Hospital de Bruma as mentioned in the introduction was an important junction of the two arms of the Camino Inglés and has many interesting buildings still. The medieval church of San Lourenzo (normally closed) is at the far end of the village on the Left. The original nave is now the village church. The arch between the original nave and chancel has been filled in to form the east wall of the present church. On the outer side of this blocked arch the former chancel has been taken down to shoulder height. Part of the medieval hospice is incorporated in the farm cottage next door to the church.

For those leaving the albergue there is a helpful notice: "Bar Novo 8 kms". Also note that the Bar Cruceiro 13 kms from Bruma serves sandwiches and will prepare lunch if you telephone ahead. Tel: 626 311 199. Carolina the owner, and her father Antonio, speak English fluently.

For those staying in Meson do Vento:

1. Turn Right and go up to the top of the road taking the Left hand fork then proceeding Left along the main road walking on the hard shoulder. KSO until you approach a roundabout at a TV Mast see the sign for the Hotel Canaima Restaurante in front of you.

OR

2. Turn Left on entering Bruma and follow the waymark sign to the left and walk down to the albergue. Just before the albergue turn Right at a children's play area and KSO this quieter road to Meson do Vento following RED arrows painted by the hospitalero. These are somewhat faded now. After the children's play area the road becomes a dirt track – KSO left at the first two junctions then turn Right at the Stop sign where a tarmac road runs across the track left to right. After 2 kms turn Right for the hostales and garage.

Turn left to go into Meson do Vento. There are at least four or five cafe-bars, two grocery stores, and two ATMs, a farmacia and the local parish church of St Andrew.

At Meson do Vento you have a choice of accommodation on each side of the road:

Hotel Canaima - Tele: 981 681 401. 28 euros for individuals, 56 euros for 2 people sharing and 40 euros for a room with a double bed. Comedor with Menu del Día opening 9pm or 9.30pm. Not always open for dinner or breakfast.

Pension O Meson Novo** - Tele : 981 692 776 or 981 696 808. 18 euros per person whether in a single room or sharing. Rooms are en suite, elegant and very comfortable. This hostel is cleaner, newer and better appointed than the Hotel Canaima, although cheaper. The staff are very welcoming. Highly recommended. No Menu del Día but excellent tapas and raciones available all the time. Possible to phone ahead and ask for meals to be prepared. Breakfast from 7am.

Note that if you are staying at O Meson Novo or Hotel Canaima, you rejoin the Camino the next day simply by taking the first road on the left past the Meson do Vento and following this (ignoring the right-hand turn signposted to Buscas) for a kilometre or so to a t-junction, where you will pick up the yellow markers again.

A Coruña

Where to stay

As a coastal resort popular with the Spanish there is a full range of hotels and hostales at all prices.

All accommodation is listed here:

www.turgalicia.es

The website is available in English and you can search for lists of accommodation in the main points on the route.

Tourist Office

Oficina de Turismo de A Coruña

Dársena de La Marina, s/n

Postcode: 15001

E-mail: oficina.turismo.coruna@xunta.es

Telephone: 981 221 822 | Fax: 981 221 822

A Coruña Tourist Office, dependent on La Xunta de Galicia, keeps open all year with the following working hours:

Monday to Friday: from 10:00 am to 2:00 pm and from 4:00 pm to 7:00 pm.

Saturdays: from 11:00 am to 2:00 pm.

Sundays and bank holidays: from 11:00 am to 2:00 pm.

Credenciales and information about the local Amigos Association

Available for 0.5 € from the Church of Santiago in the Rúa Santiago, near the harbour and main square. This is the starting point of the route. The church is the oldest in A Coruña and has been restored.

Masses: Daily at 12 noon and 8pm

Sundays and Feasts at 10.30, 11.30, 12.30 and 8pm

A Coruña – Hospital de Bruma (Albergue) 32kms or +2kms to Meson do Vento (Hostales)

Strong and experienced walkers may walk the route from A Coruña to Hospital de Bruma in one day.

Others may prefer to walk part of the route on day one to have a shorter distance to walk the following day.

There are various options:

Walk to the 2 star hotel A' Marisqueira, approximately **8 kms** from the start of the route.

Walk to the Hostal La Paz, approximately **10.5 kms** from the start of the route.

Walk to the Hostal Meson Vasco, approximately **12 kms** from the start of the route.

At each of these points you can return to A Coruna by bus/taxi, or stay overnight continuing on the next morning.

A Coruña – Hospital de Bruma approximately 32 kms (+2 kms to Meson do Vento)



KSO passing farm buildings to the right hand side and after 800 meters there is a yellow arrow pointing straight ahead and immediately see a waymark with path going off to the Left. Follow this dirt track watching out for arrows and on a small power pylon ahead there is an arrow pointing to the right. When this track joins a minor road follow the waymark and turn Right.

Follow arrows through a small hamlet – pass a red house number 1, A Rivela, and at the junction immediately following the house follow the waymark and turn Right.

Come to the end of this road at a junction with a larger road and straight across the road to the left is a waymark. Follow along the track straight ahead turning when waymarked. Having gone downhill gradually at the bottom of the grassy path you are now on you will find a large path or road being formed on the left. Continue downhill to the Right. At this time there are no yellow arrows immediately after the Right turn. Continue on downhill taking stepping stones over a small brook and continue straight ahead on the other side. Eventually spot a faint yellow arrow on the ground.

Come out at some farm buildings at a T junction and follow the arrows to the Right. After a little at a waymark turn Left.

Follow this track with farm buildings to the right and at the end veer Left. Follow this path turning Right at the waymark then crossing a small stream with stepping stones continuing straight ahead pass a sign saying 1 Km to the Albergue. A little after the stream three paths converge, keep on the right hand path following the waymark straight ahead. On passing a hórreo at a house on the corner emerge into **Hospital de Bruma. 29 kms (38 kms from Albergue in Miño).**

A significant climb lies ahead, amounting to about 350 meters in 3 kms. From the fountain, proceed up the hill past the modern church of San Tomé de Vilacoba, then follow the road round until a waymark indicates a hard Left turn and you move more steeply uphill. At the end of the tarmac road at a house there is an opportunity to look back at vistas across the valley. Continue up a pleasant forest path all the way until it turns Right at the top at the waymark. **21 kms**

At the top of the steep section follow the path to the Right. KSO and after a short distance come out between farm building with pasture to the right. Turn Left up a short incline and enter the small hamlet of **Fontela**. KSO ignoring turns to the left passing a pink house, Vila Fatima, on the corner. KSO the road ahead. Pass a very well placed shaded seated area with fuente and an Information Board indicating you have now reached **Vizoño**.

KSO the road and after a little way see a sign indicating that there is a Bar 100 meters to the Left. **22 kms** This is the Café Bar Vizoño which may also prove to be a helpful place to stop.

Follow the waymarks ahead and carry straight on up the path. Follow this path as it meanders gently uphill between trees and shortly encounter a waymark, turn Left and keep going gently uphill. Pass a Cruceiro in a clearing with a forest path coming from the left. Follow the direction of the arrow on the Cruceiro and take the Right hand path.

Follow the path round as it moves parallel to the motorway below on the right hand side and then follow the path down to the Left away from the motorway. Follow the path down to join a road waymarked opposite. Turn Right, effectively doubling back heading back towards to the motorway. Shortly after follow the waymark to turn up Right at the sign which says As Travesas and after a short distance cross the motorway over a bridge.

After the bridge follow the road as it winds its way uphill and then follow a waymark to a Left hand turn. See farm building to the right but keep on the road you are on veering to the Left. The road levels out at farm buildings.

From the West door of the Church of Santiago walk down the Rúa de Santiago. The Rúa de Santiago is near the harbour and the central square Plaza de Maria Pita. Note a yellow arrow and waymark tile on the wall of house number 15.

Take the first Right at the bottom of the short hill and turn into the Calle de Maria Barbeito which immediately brings you into the impressive Plaza de María Pita with the Ayuntamiento building dominating the far side. To your Left is one of two **tourist offices** in the City.

Cross the square diagonally to the Left corner and leave to the Left passing the Church of San Jorge (St George) on your right. Proceed along the Calle San Agustin, passing on your left the Plaza del Humor with its amusing sculptured figures. KSO until you reach the Church of San Nicolás on your left. Turn Left down the Rúa San Nicolás which shortly becomes Bailen after a junction. KSO this short street and at the bottom turn Right into the Calle Real. KSO past the Obelisk on your Left and into the area known as Cantones with its wide streets. Cross over to the side with gardens, benches and trees but stay on the pavement keeping straight on in the direction you were walking when passing the Obelisk. Cross a road at traffic lights and pass a government building on your Left. There is another Tourist Information office just opposite on your Right. KSO and shortly reach the gates of the **Puerto de A Coruña. 1 km**

Passing the gates of the Puerto de A Coruña on your Left keep in a dead straight line on the pavement and follow it up over the overpass into the area called Santa Lucia. Pass the Avenida de Fernandez Latorre on your Left and take the next Left into the Rúa Santa Lucia. As you move along the Rúa Santa Lucia it becomes the Calle Castiñeiras de Abajo and at the bottom you will be facing an overpass and just beyond it the modern parish church of San Pedro de Begonzo. Cross over the road at the crossing to the park and cross the park bearing left uphill. Cross the Paseo de Alexandre Bóveda keeping the motorway overpass to your immediate Right. Pass gardens and the Plaza de Cuatro Caminos on your Left. Cross the Calle Castro Chane and it becomes clear that the road you are on is the Calle de los Caballeros with a road sign at a walkway to your Right over the motorway. KSO ahead at the next junction with the Calle Perpetuo Socorro. KSO passing the **bus station** over to your left. **2.5 kms**

KSO past the bus station on your Left and shortly after this pass under a bridge. If you walk on the Right hand side of the road you will see a waymark (70.56 kms). Cross the road at this waymark, following the arrow on the ground. Shortly cross at a pedestrian crossing as indicated by arrows and keep straight ahead up the Avenida de Molenos, with blocks of flats on either side. There is no street sign immediately obvious but keep going straight up hill. As you cross the Calle Rafael Dieste look to your Left and see the Church of **Santa María de Oza**.

KSO at the junction with the Calle de Vicente Aleixandre and also cross the next junction on your Left. Keep on the pavement veering left at a large junction with a roundabout and shortly cross over the junction with the Calle Jerónimo Vázquez Franco and KSO uphill the Avenida Molenos. Near the top of the hill at House Number 8 on the Right hand side of the road there is a waymark and a yellow arrow taking you off to the Right down a lane. **4 kms**

KSO and shortly, at House Number 6, there is a fuente on your Right – the water is **NOT** drinkable. KSO and at House Number 18 veer Left. At the next 4 way junction KSO ahead following arrows on the ground and ahead. As the lane rises up turn Left following the arrows then Right past House Number 3. Shortly, at House Number 7, turn Right. KSO a dirt track then veer Left onto a tarmac lane. You can see the next place you will walk through, **Portazgo**, off to your Right. KSO eventually coming out onto the main road at the end of the lane. Note the fuente on your Left. Facing you on the wall opposite is a waymark. Follow this Right. Move over to the Left hand side of the road and follow the arrows across the bridge over the motorway to passing the Centro Commercial Alcampo on your Right in **Portazgo**.

(Alternatively at House Number 6 above you could KSO the road passing on your Left the Centro Oncológico. You will see to your Left the distinctive spires of the Capilla Labaca, the chapel of the hospital which was formerly named Hospital Labaca. KSO until you cross over the motorway to enter Portazgo, passing on your Right the Centro Commercial Alcampo, then a petrol station and the sign for **Portazgo**.)

Follow this path going gently then more steadily meandering uphill through the trees for 300 meters emerging at some buildings onto a small road. KSO crossing a minor road taking up the path on the other side again at the waymark. After a very short section at another waymark at a fork in the path turn Right. Keep on this level section until it meets a minor road coming from the right – there is an arrow on a stone to the left marking – turn Left. KSO this road to a small ruined cottage covered in vegetation and at the end turn Left with a yellow arrow on a fence post opposite.

KSO to the end of the road at the waymark turn Right continuing uphill to the shelter at the end of the road and turn Left. As you turn Left you can see the next waymark indicating a Right turn at a small brick building. Follow the path through the trees turning Left onto a minor road at a waymark. KSO passing on your left an Information Board indicating you have arrived at **Leiro** at a large covered seated recreation area useful in wet weather. Pass the parish church of Leiro with a Cruceiro. Cross the road to the waymark taking turns Left and Right following the directions of the waymarks. Follow the path round a large field to the bottom where there is a waymark indicating a Right turn. Follow this lovely forest path all the way until it rises gently emerging beside a house and shortly thereafter a minor road – turn Left.

Follow the road and at the end follow the waymark Left turning. As the road turns to the left cross carefully and turn Right at the waymark onto a grassy path. Follow the path along a quiet section with the river bubbling to the left below. Follow this path until it rises away from the river with a yellow arrow on a tree indicating that you fork up to the Right. Emerge out onto another path turning Right at a house which you pass on your left hand side...shortly along this road keep your eyes open for a yellow arrow on the ground indicating a Left turn. Take the path to the Left immediately passing a house on the right hand side and turning Right downhill at this house. Almost immediately join the road with yellow arrows on the ground and a way mark opposite. Follow the road down and shortly you will see the **Casa Julia/Bar Julia** on the right hand side. **18 kms**

The opening hours are erratic but if open this is a useful stopping point for food. If closed, the next bar is in 4 kms at Vizoño. Shortly after the Bar Julia at the bottom of the road is a fountain. A notice posted here in 2010 declared the water no longer fit for human consumption.

Just past the church follow the waymarks turning to the Right passing the Centro Social de Cos and at the end of this short road at the STOP sign with a bus stop opposite follow the yellow arrow on the ground and turn Left. Cross the road to the pavement and KSO. After a little come to the first turning on the Right with a waymark.

After a little follow the waymark to turn Left at house Number 2 with a sign Carballal. At the end of this short road at the STOP sign follow the yellow arrows on the ground and turn Left. Cross the road beyond the bend and take the first turning on the Right which is waymarked at the corner. The road sign indicated this is in the direction of Cesuras. Follow this road gently uphill into the trees.

Follow the path into the trees and after a few steps take the right hand fork which is waymarked. Follow this shaded forest path to the bottom crossing a small brook and then rise up turning Left at the waymark onto a minor road. Follow this road to the top at a T junction and following the yellow arrow on the ground turn Right onto another minor road. Shortly after take a waymarked turn Left. Follow this road round to the Right at the next T junction and continue uphill following the waymark to the next junction at house number 2 and follow the road and yellow arrows to the Left. This section remains well waymarked and look out for yellow arrows also on the ground at junctions. Pass a red house to your left hand side moving gradually uphill. After a waymarked turn to the Right the road moves downhill and at the bottom at a STOP sign turn Right and a few short steps later turn Left. At the end of this road at house Number 4 on your left KSO a country path as waymarked. Follow the path round passing through a tree lined section. KSO path with faint yellow arrows on the trees and at the end turn Left to join a minor road as indicated by the waymark. At the bottom of the road at the STOP sign turn Right onto a more major road at a sign **Presedo. 12 kms**

Cross the Presedo bridge. Proceed uphill on this main road being vigilant for occasional but fast traffic. As the road turns see the waymark sign taking a path off to the Left.

KSO through Portazgo and at House Number 36 on the Right Hand side turn Left down a clearly waymarked lane. KSO and shortly turn Right following arrows on the ground. KSO and at the bottom of this road, the Rúa Eduardo Blanco Amor, turn Left following the waymark (67.388) on the pavement opposite. It may be obscured by parked cars. Follow the Rúa Jorge Gullién to the bottom and cross over, veering slightly Left following the arrows. Shortly follow the arrows Right at a floral roundabout and KSO with the railway to your Right and the river to your Left. There is a granite waymark pointing Right along the promenade. **KSO until the very end of the promenade in approximately 4 kms.** There are **no** further arrows until you reach the end. This is a lovely walk and there are benches and tables if you wish to have a picnic lunch.

At the end of the promenade go up some steps and you will see the next waymark on the pavement opposite indicating that you turn Right. If you cross to this waymark you will see adjacent to it (Left) an information board, seats and a fuente facing the Bridge of Burgo. This strategically placed bridge was the objective of the last mission of Sir John Moore's Reserve Troops engaged in action at the Battle of A Coruña, one of the battles of the Peninsular War. During this battle Sir John Moore was mortally wounded and was buried in A Coruña.

The 2 star hotel A' Marisqueira is to the Right 800 yards across the bridge cross the bridge: <http://www.hotelamarisqueira.com>

Otherwise follow the waymark and arrows slightly uphill and shortly pass the Church of Santiago de O Burgo with gates in the shape of a scallop shell. 8pm Mass. Sello available. KSO ahead and soon the route veers Left at a junction with a Cruceiro. Note that a few steps to the Right there are two 2** Hostales: the O Meson and the Casa Julio.

Hostal El Meson
Avenida Da Coruña, 25
15670 Culleredo
Telephone: (+34) 981 660 065

Casa Julio 2**
Avenida da Coruña, 19
15670 Culleredo
Telephone (+34) 981 660 089

KSO following the arrows and soon at the next junction with a small roundabout turn Left. KSO passing under the motorway. A little after this veer Right up the Rúa Pelamios following the direction of the waymark and arrows. Just after House Number 7 veer Right. KSO Right at House Number 5. At the top of the incline at the STOP sign turn Right. KSO uphill passing on your Left the Parish Church of San Julian de Almeiras. Pass on your Right a statue of the Caballero of Almeiras and an Information Board. KSO. If you look back you will see views of the river and to your Right is the long runway and buildings of A Coruña airport. KSO passing the Municipal Sports Centre and a football ground on your Left. KSO following the road downhill. Turn Left at House 16 up the Rúa Arcebispo Xelmírez. KSO along this minor road through trees and then downhill turning Right at a Camino sign. KSO Right at the roundabout and veer Left at the next junction. KSO downhill passing a restaurant and the 2** Pension La Paz on your Right:

Pensión La Paz
Cuesta de Alvedro, 41
Culleredo 15180
Telephone (+34) 981 650 101

KSO downhill following frequent signs and at the bottom turn Left. After a little turn Right across the road. Cross a small bridge and KSO uphill with the Restaurante Casa German on your Right. Come out onto a road. The route carries on straight across the road but turn Left here if you wish to go to the 2** Hostal Meson Vasco which is 1/3 of a kilometer along the road. It is clearly signposted:

Hostal Mesón Vasco
La Telva-Sigras 15181
[Cambre](#)
Telephone (+34) 981 660 262
mesonvasco@hotmail.com

At this time the arrows are few and faded on this stretch. Shortly after passing the small wooden building cross the bridge over the railway line. KSO gently uphill.

After a little the road levels out and you come to a junction with a road coming from the right – turn Left following waymarks. KSO to cross the bridge passing over the motorway.

At the other side of the bridge turn hard Right at the waymark and the sign Xanrozo. Proceed downhill and after a little way take the second waymark turn on the Left and then pass a house on the Right marked Juan Rozo. Just past Juan Rozo there is a lavadero down on the Right hand side. Just past the lavadero KSO at 2 waymarked junctions one shortly after the other. KSO crossing another road coming round a bend from the right and follow the waymark at the junction. KSO up this road past a house on the left forking Right as indicated by the waymark.

Follow this road to the top and at the STOP sign turn Left onto a more major road – there is a yellow arrow nailed to a lamp post across the road.

Immediately pass a house on the right called Rex Urdir. Shortly after passing this house there are two waymarks and a yellow arrow indicating a turn to the Right onto a more minor road with a bench on the left hand side.

Follow the road gradually downhill following the waymarks and avoiding Left or Right turns until you reach the football pitch at Limiñón. Cross over to the first Information Board about the Camino Inglés placed at junctions in this area. KSO on a country path going downhill with the football pitch to your left. KSO, the path is well waymarked at all junctions. At a waymarked junction at the bottom turn Right onto a minor road. Almost immediately cross a bridge over the river and proceed into **Cos. 6 kms**

After the sign for Cos follow the waymark taking the road gently downhill to the left. KSO on this road, wooded on each side, passing on the left an Engas installation. **7 kms** KSO ahead following the road uphill to the church of San Estéban de Cos with a small cemetery and a Cruceiro in front. **NB** there is a working tap on the left hand wall of the church.

Betanzos – Hospital de Bruma approximately 29 kms (+2 kms to hostel at Meson do Vento)

There are sections of the stage today which some may find demanding. There are opportunities to top up on water on the way but in very hot weather it may be advisable to carry more than usual. Food may be available at the Bar Julia if it is open some 18 kms from Betanzos or in Vizoño 4kms later, but you may wish to carry some with you. You should also carry some energy food such as dried fruit and nuts or energy bars.

Whilst there are stretches walking uphill the rewards of this stage are many and you will encounter beautiful scenes and vistas.

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Leave the main plaza of Betanzos by taking the Rúa de Rollo on the left of the far side of the plaza. In this stretch there are Bars open from 7.30am.

At the top of the hill where there is a small roundabout. KSO observing the first yellow arrow on the ground.

Follow the road downhill and at the bottom pass on the Right El Bar Rincon (closed at this time). Cross a small bridge then KSO across the main road passing in front of a shop and follow the Left turning at house number 38 indicated by the yellow arrow on the wall.

Follow this minor road steadily uphill turning Right at the tile on the wall and a sign O Coto. KSO at a junction with a house named Picheira climbing steadily out of Betanzos. At a fork in the road take the Left hand fork indicated by the waymark. KSO heading uphill on this pleasant road through trees. When it levels out at a junction KSO ahead passing a modern small wooden building to the left.

To follow the route KSO across the road and proceed uphill veering left where marked. Follow the waymark (60.078) to turn Right to the Church of Santiago de Sigras with an old pilgrim hospital adjacent. You will pass a shrine to St Anthony on your Left. The shrine is dated 1815 with the legend round the edge, "Si buscas milagros, mira" i.e. "If you are looking for miracles, look!" KSO for another 125m up the hill and on the Right is the church of **Santiago de Sigras** which is nearly always closed. To the left of the church is a dilapidated pilgrim hospital. There is a fine 18th century Calvary nearby. The west front of the church has a stone inset saying *Re-edifase el año de 1600*. From the outside a stained glass roundel depicting Santiago Matamoros can be seen. From the graveyard behind the church there are good views of the surrounding hills. Many of the graves are surrounded by low clipped box hedges.

After the church, continue up the narrow road. There are houses on either side. At a V junction bear left and 40m later turn Right. The road continues for 600m until a cross roads with houses on each corner. Continue straight across and follow the road for a further 400m until you eventually come out on the main road at a junction. A yellow arrow on the road directs you to bear left and cross the junction following the signpost to Anceis.

Church of Santiago de Sigras



Follow the road across the motorway. You will see remnants of faded yellow arrows in this section. Keep your eyes peeled for them.

Follow the road round passing house La Rocha with a very clear yellow arrow opposite. KSO ahead on a minor road. The route is clearly waymarked and the route becomes more scenic and pastoral.

Pass through the square in **Anceis** with the first of a series of Information Boards for the Camiño Inglés and a handsome fuente with a statue of St Anthony. Many of these boards have English translations giving historical information.



Follow the waymarks out of the square and follow the road round Left ignoring the turning on your right. A little further on at house 12 A Eira follow the yellow arrow and the waymark and turn Right. Pass a Cruceiro on your Left.

KSO on the road veering left shortly at a cross roads. There are yellow arrows and a waymark in front of you indicating that almost immediately you veer Right at house number 25. Shortly leave the minor road at a waymark with the distance 57.027. KSO this leafy track at the end of which come out onto a minor road turning Right with a yellow arrow and waymark. KSO on this road rising up a little and at a junction at house 115 KSO ahead. Very shortly at the junction at the top of the road where waymarks might be confusing turn **LEFT** at the sign board Right Alta Mira and Left to Sigrás.

Hostales

Name	Address	Telephone	No of rooms	Price
Betanzos Chocolateria	Pintor Seijo Rubio, 1	(+34) 981 774 495	9	30 €
Cheíño	Rúa Venezuela	(+34) 981 773 128	5	15 €
Universal	Linares Rivas, 18	+34 981770055	5	15 € +

These hostales are given in the order in which they were recommended – the rooms in the Betanzos Chocolateria are in an apartment in a separate building to the bar.

Mass and sellos

The Church of Santiago appears only to have a 1pm mass on Festivos but the Church of San Francisco, easily found in the Old Town and served by Franciscan Nuns and Friars who are pilgrim friendly, has a 6.30 pm Mass each day – there is a sign in each Church listing Mass times in Betanzos. The list is also available in the Tourist Office.

Sello available at other times from the convent office at Church of San Francisco, the sacristy of the Church of Santiago, with a picture of Santiago on horseback and from the Ayuntamiento next-door to the Tourist Office.

Visits

The main churches of Santa Maria, Santiago and San Francisco.

The O Pasatempo. A sort of rural Spanish Victorian theme park erected in 1893 by a couple of local men who made their fortune in South America and came home to share the wealth and cultural excitement with their home town. It is built into a hillside, with mosaic grottoes *a la* Gaudi, a greenhouse of exotic plants, sculptures of wonders like airplanes, lions, pyramids, and a monumental relief map of the Panama Canal. It is still very well-used and beloved of the townspeople, now incorporated into a park with a topiary labyrinth and playgrounds. It is wonderfully weird and old-fashioned, and it is free!

Betanzos

Where to stay

Oficina de Turismo Betanzos

Praza de Galicia

Tele 981776666

<http://www.betanzos.es>

turismo@betanzos.dicoruna.es

Winter opening:

Monday to Friday: 10:00 to 14:00 and 16:30 to 19:30 h.

Saturdays: 10:30 to 13:00 h.

Summer opening:

Monday to Friday: 10:00 to 14:00 and 17:00 to 20:00 h.

The Tourist Office can provide maps of the city and a list of hotels and hostales near the centre. These are as follows in 2008:

Hotels

Complejo San Roque 3*, Avda de Castilla 38

Tel (+34) 981 77 55 55

Fax: (+34) 981 77 52 71

www.complejosanroque.es

reservas@complejosanroque.es

30 rooms, 80 – 90 euros

Hotel Garelos 2*, Rua Alfonso IX, 8

Tel (+34) 981 77 59 22

Tel: (+34) 981 77 59 30

Fax (+34) 981 77 59 33

www.hotelgarelos.com

reception@hotelgarelos.com

22 rooms, 70 euros

Shortly after turning Left there are more yellow arrows and approximately 0.5 kms further on an Information Board welcoming the pilgrim to **Carral**.

Come off the country path onto a minor road at a junction and KSO ahead. Pass a panaderia (you may choose to buy lunch here to eat at the rest area ahead) on your Left immediately after the junction and KSO downhill passing house Lameira on your Right and a rest area for pilgrims with picnic tables, fuente, shelter and Information Board. **17 kms**

Shortly after the rest area at a junction KSO gently uphill. At the next junction at a bus stop turn Left with a yellow arrow and waymark. KSO this undulating road passing on your Right an outdoor sports area with football and basket ball nets in **Sergude**.

KSO downhill, passing another Information Board marking the Parish of San Julian de Sergude.

Passing through Sergude there is a very useful shop/bar with sandwiches and groceries on the Right. KSO downhill to leave Sergude passing House 54 with a lavadero opposite. **19 kms**

KSO downhill crossing a small stream and then at a junction follow the waymarks and turn Right uphill. Pass a lavadero on your Left and shortly at a junction follow the road round to the Left at house 12. Shortly at a junction follow the road Right and KSO passing a waymark. KSO until reaching the main road at the end.

KSO across the road onto another minor road passing on your left another Information Board announcing your entry into the Parish of Santa Baia de Cañás. Shortly after this crossing follow the road round Right and just a little later at a waymark follow the road which now becomes a path veering Left. KSO gently downhill through trees then eventually through a small group of houses coming out at a junction with a minor road. Turn Left. Pass downhill between houses and come out at the Café/Bar Centro (which does not provide food) in **Sarandones**. **21 kms**

Turn Left. Across the road is an Information Board and the Capilla de San Juan. Cross the River Barcia. On the far side pass to your Right house No14 with two Escudos where Felipe II stayed on his way to A Coruña to sail to England to marry Mary on 25 July 1554 in Winchester Cathedral.



KSO through the village slightly uphill and at the end of the village just before the road veers Left there is the Café/Bar Quintanas which sells hot and cold drinks and provisions and will make fresh sandwiches. As the road veers Left the route goes off to the Right up a minor road. Shortly pass house number 7 Orueiro and KSO ignoring the turn to the Right. KSO gently uphill veering Right at house number 23. Pass a house with a small factory building adjacent on your Left and shortly a modern terracotta painted house on your right. KSO gently uphill and after a further 1 km pass house 38 on your Left.

KSO uphill and in approximately 1 km more reach the top of this section of the ascent. There is bus stop on your Left and follow the road round to a junction at **Cruz de Veira. 24 kms**

The arrows indicate that the route continues across the road but if you turn Left almost immediately you will find a very handy bar. However it may not be open out of high season.

Veer right on the road if you are not going to the Bar and almost immediately Left at an Information Board and a waymark. KSO uphill on this minor road for a further 0.5 km and at a stone house number 2 KSO the road you are on veering to the Right. KSO uphill and the road shortly becomes a wide track. After 2 kms the path levels out and you pass farm buildings on your Right and off to the Left a telecommunications mast.

KSO following the track as it winds round passing the mast on your Left. Come onto a road at an Information Board at **As Travesas. 27 kms**

KSO and just beyond the hamlet at the bottom of the hill there are steps on the Right down to another fuente. Continue up this road passing a house to the Left and continue 400 meters more to the end at the Church of San Martiño do Tiobre.

At the end of the wall at the church take a Left and then an immediate Right following the waymarks. Pass a children's play area on your Left and continue downhill passing through O Barral. At this point Betanzos is clearly in sight in front of you.

At the junction at the bottom of the hill follow the arrows and the waymark taking the road to the Right. Near the bottom of the hill pass a lavadero on the left and a few meters ahead KSO (**DO NOT** turn Right) down past a modern red house. Continue on this road more steeply downhill. At the bottom cross a small bridge over a stream and turn Left.

Follow the waymarks Right slightly uphill and at the main road cross over and KSO the track ahead.

At the end of the road entering Betanzos at house number 34 turn Right. Shortly at the end of the road go Left and continue down to cross the Río Mandeo into **Betanzos. 20 kms**

You can pass through the arch in front of you - which is a remnant of the mediaeval town walls of this charming old town - turning Left and right to make your way up to the main square with the Tourist Office on the right hand side of the square.

At the end of the village turn Left passing along beside the school on your left. To the right a view of the estuary below.

At house number 19 KSO following the arrow and waymarks. Continue on following the road down to the right with a road joining from the left. KSO ignoring Right turn. A little later look carefully for arrows (faint at this time) indicating a Right turn at the second road on the right. Pass House number 17 close to a hórreo. Come out between houses at the end of this road and turn Right. There is a road sign pointing to Porto.

Pass on the Left a house with a sign O Barreiro.

Follow the road with arrows as it winds its way downhill. At the end of the road at the bottom with the Café Navedo (closed) opposite turn immediate Left with a waymark on the opposite side of the road and arrows on the left hand side of the road. Just before the sign leaving Viñas follow the waymarked Left turn. Follow the arrows round at the side of a house with a tile on the wall. Follow this road as it winds its way uphill.

KSO uphill past house 76 A Canteira. Keep a look out at the Y junction for the yellow arrow pointing to the Right. Follow this road round to the bus shelter – a good stopping place on a hot afternoon.

From the bus shelter follow the waymarks up a grassy path to the Right. At the top turn Left onto a minor road and almost immediately turn Right following the waymarks. Follow this road steeply uphill for 200 m or so, then more gently downhill, before undulating onwards with good views of the Ría de Betanzos opening out on the right. After a further kilometre or so, pass a sign saying “P. de Souto. Gas”, then a little further on find a fuente marked 1884 (with deliciously cold potable water) at the side of the road. This is a great resting place.

A little after the fuente pass a house to your right with the word Gas on a tile on the wall. Follow the yellow arrows to the Right and KSO until the sign for Arua and at the waymark with a well placed bench in the shade turn right.

Follow the road downhill ignoring right turns – follow the arrows straight ahead and then uphill continuing on to enter **San Paio. 17 kms**

This is the highest point on the route at over 450 metres above sea level. At this point especially in inclement weather you could simply turn Right onto the road and KSO until you reach Meson Do Vento before which there are yellow arrows off to the Left indicating a road turning to Hospital de Bruma. To follow the waymarked route turn Right onto the road then immediately Left and then immediately Right to pass behind houses on a path parallel to the road.

KSO on the path with very faded yellow arrows on telegraph poles on your left. After 250 metres turn Right at a waymark with the distance 45.074. Follow the shady grassy track straight ahead through the trees. This may be heavy going in wet conditions. After approximately 800 meters come out on to the road and turn Left. **29kms**

KSO the road passing House Number 22 with the road to the Right signposted Herves. KSO past the Casa Avelina which is a useful bar on your Right. KSO following the arrows with a large electricity station ahead on your Right. Ignore any arrows indicating a Left turn at this point and KSO for approximately 0.5 km and when you are at the end of the electricity station there is a clearly marked Left turn onto a farm road. If going to Meson do Vento you can KSO on here for another 2 kms. To follow the route turn Left as indicated and KSO this road for approximately 750 meters and turn Right at a granite waymark. This waymark has an arrow on each side and is the point where the route from Ferrol joins shortly before Hospital de Bruma.

Follow this track with farm buildings to the Right and at the end veer Left. Follow this path turning right at the waymark then crossing a small stream with stepping stones continuing straight ahead pass a sign saying 1 km to the Albergue. A little after the stream three paths converge keep on the right hand path following the waymark straight ahead. On passing a hórreo at a house on the corner emerge into **Hospital de Bruma.**

Turn Left to pass down the road to reach the albergue or Right to go to Meson do Vento. **32 kms**

The description of the route from Hospital de Bruma to Santiago starts on Page 42.

Ferrol

Where to stay:

Name	Rating	Address	Telephone/fax	E mail
Barceló Almirante	H****	Maria 2	981 333 073 981 333 962	almirante@bar
Hesperia Ferrol	H****	Estrada de Castela 75	981 330 226 981 330 228	hotel@hesperi
Parador de Ferrol	H****	Almirante Fernández Martin s/n	981 356 720 981 356 721	ferrol@parado
El Suizo	HR****	Dolores 67	981 300 400 981 300 306	hotelsuizo@tel
Valencia	HR**	Estrada de Catabois, 390	981 370 312 981 318 011	hotelvalencia@
Almendra	HR*	Almendra 4-6	981 358 190 981 358 192	
America	HR*	Sánchez Calviño 70-76	981 370 206 981 370 246	
Real	HR*	Dolores	981 369 255 981 369 256	reservas@hote
Silva	H*	Rio Castro	981 310 552 981 320 409	hotelsilva@hsil
Serantes	PR***	Lugar de Serantellos, 280	981 318 980	
Magallenes	PR**	Estrada de Castela, 401	981 311 648 981 333 012	
Porta Nova II	PR**	Naturalista López Seoane 33-35	981 359 772 981 354 835	hostalvaldovin
Zahara	PR**	Pardo Bajo 28	981 351 231 981 350 052	
El Cairo	PR*	Dolores 32	981 353 266	

KSO ahead along the Rúa a Barrosa passing at Number 30 the Edificio Camiño de Santiago.

At a pedestrian crossing with the sign leaving Miño there is a sign down to the Right. Cross over and walk downhill Right to the bridge over the railway in front of you.

Follow the waymark over the bridge and at the end turn sharp Right and follow this road right to the bottom to walk along it parallel to the beach. Shortly pass an area with car parking and showers for bathers. Just past this is the Café Bar "A Ría" with a pleasant garden area – a nice quiet place to stop for a drink or snack.

Towards the end of the road pass the Bar Restaurant Almeda which serves meals.

Follow the waymarks and arrows to the Right. Cross the bridge over the river and turn Left at House Number 2 following waymark. Follow this road uphill to the top, gradually rising level with and then above the motorway you could see from the bottom high above. The climb is approximately 100 m over a distance of about 500 metres.

At the top fortunately there is a children's play area with picnic tables and seats (though with no shade) for a well earned rest. **13 kms**

At the end of the picnic area take a sharp Left turn and go downhill following the waymark.

Follow this minor road twisting and turning gradually going downhill. 700 meters further on reach the end of this peaceful and shaded road – there is a yellow arrow on the ground and a granite waymark opposite with the tile missing indicating a Right turn.

Continue uphill passing a lavadero (unusable) on the left marked Año 1933. **14 kms** Shortly beyond turn Left at the building in front of you with a yellow arrow and tile. KSO following the arrows into Viñas passing the cemetery and the Iglesia San Pantaleón das Viñas. There is a water tap in the unlocked, gated courtyard to the right of the church entrance.

At the bottom of the Rúa Telle pass a children's play area on the right hand side and follow the road round with the motorway flyover on your right. KSO to the albergue 1 km from the turning at the Rúa Pardiñeira and **12 kms** from Pontedeume.



Albergue de Miño – Opened 1999

Tel 981 784 254

Hours: 1pm – 3pm and 4pm – 9pm

Closes at 11pm – Pilgrims must leave by 10 am

Cost 3 euros

To continue on the Camino Inglés out of Miño

Pilgrims staying at the albergue retrace their steps to the point where the Camino crosses the main road at the junction with the Rúa Pardiñeira and turn Right at the waymark sign.

Others – simply cross the road KSO ahead slightly left – see the waymark on the wall.

KSO between buildings and immediately come to a useful supermarket on your right. Shortly after on the left is the unpromising-looking Bar A Buchaca, which does very good food for about €8 per person. Continue up this street past the Bar Vidal on the left and through the buildings on your right catch a glimpse of the estuary.

Casa Ángel	PR*	Rúa Magdalena	981 351 060	
O Choyo II	PR*	Carolos III 70	981 948 908	
El Ferrol	PR*	Sanchez Calviño 48	981 371 314	
Hostal da Magdalena	PR*	Magdalena 98	981 355 615	magdalenah
Portanova	PR*	Fontemoura, 26	981 370 684	hostalvaldov
El Eden	PR**	San Andrés 4	981 359 135 981 364 006	

Tourist Office:

Edificio Administrativo da Xunta de Galicia

Praza Camilo José Cela s/n

Tele: (+34) 981 311 179

oficina.turismo.ferrol@xunta.es

Open

July and August

Monday to Friday: 9:00 to 14:00 and 17:30 to 19:30 h.

Saturday: 10:00 to 12:30 and 17:30 to 19:30 h.

Sunday: 10:00 to 12:30 h.

Other months of the year

Monday to Friday: 9:00 to 14:00 and 16:00 a 18:00 h.

Saturday: 10:00 to 12:30 h.

The Tourist Office is on the first floor of a modern office block tucked into the left hand side of the Plaza España (if facing the direction of the port).

They provide pilgrims with:

- Credencial
- Sello
- Map of the route (showing 2 alternatives) from the city to the outskirts
- A copy of the Xunta Guide in English
- A schematic of the distances and elevations on the route (which isn't terribly accurate!)
- A Gallego phrasebook (which is perhaps too heavy to carry)

And...they have good toilets if setting off immediately from there!

Ferrol – Pontedeume approximately 25kms



Imagine yourself getting off of the boat from England...pick a set of harbour steps and the route begins!

Leave the Port of Ferrol passing the Tourist Booth which opens at 10am. See the naval building in front of you and cross at the pedestrian crossing. In front of the Farmacia on the waterfront a stone marks the start of the Camino Inglés. Go through the arch into Calle de Carmen Cruxeiras, noting the first waymark on the wall on your Right. Follow the road to the end and turn Left to enter the Calle del Espiritu Santo and sticking to the left hand side KSO uphill. This street leads to a plaza and small children's play area on your right.

The first tile waymark is on your right (on the wall of the corner building just past the play area).

Continue straight on past the Plaza del Cardinal de Arriba with the Church of San Francisco on your right and pass onto the Calle San Francisco. You will then pass the Parador on your right with a Cruceiro and an Obelisk.

Move on to the Rúa Real past the row of 12 palm trees at the Praza de Amboxe. KSO to the Praza de Armas with the Casa de Concello dominating the left side. At the first corner with a waymark tile on the wall take the first Right into the Rúa Terra– the rays of the arrow pointing to the direction of travel.

At the bottom of the Rúa Terra turn Left passing the Praza do Constitucion. Cross the road and observe the next waymark pointing through the small tree lined avenue – pass a children's play area to the right. Keep on moving through the Praza das Angustias with gardens, seats and a fuente.

Leave picnic area across the Ponte Baxoi and turn Right along the track with the river on your right. Pass under the bridge following the yellow arrows and at a Y junction at the end of the track follow the arrows marked on the tree to the right. Pass under the motorway high above following the path. KSO following the path under three motorway flyovers. Follow the track up passing a toll building on your left and walk parallel to the motorway (motorway 60 sign on your left) for a little. Follow the path to the end and turn Right as indicated by the tile and yellow arrow on the wall opposite. Follow this minor road downhill and enter **Miño** following the tile waymark along the Rúa Fonte. **11 kms (27 kms from albergue at Neda)**

Keep on the Rúa Fonte passing on your right a modern building of flats named the "Edificio Camino Inglés". Come out onto a plaza and immediately opposite is a sign to the Albergue de Peregrinos 1 km with an arrow to the Left. Pass through the square to the far Left hand corner and follow the yellow arrows out of the plaza. The road ahead forks – take the Left-hand fork (onto the Rúa Pardiñeira); the left hand fork is not particularly well marked, but markers are seen again further on.

At the top of the street at Number 5 is a shop selling snacks and ice creams which may be very welcome on a hot day.

At the top of the climb the Camino Inglés continues straight across the main road. For those going to the albergue there is a sign pointing to the Right. A few steps to the left here will bring you to the main shopping streets of Miño, which has a good selection of pharmacies, banks, restaurants and shops.

If going to the Albergue in Miño

Turn Right at the top of the Rúa Pardiñeira and continue downhill on the main road passing a modern block of flats on the left hand side with gardens and front followed by a children's play area. Pass 3 restaurants on the right hand side which may also be useful for both those continuing on the Camino Inglés and those going to the albergue.

Cross the road bridge over the railway line and follow the sign at the end turning immediately Right. Follow this round reaching the Rúa Telle. Turn Left following the sign for the albergue.

Shortly after the picnic area at House No 5 Euiña follow waymark to the Right onto a country track. Go straight ahead under the vine-covered pergola. Follow the track through open countryside – this stretch can be very boggy in wet weather. Then follow the track as it veers left through trees. KSO following the track until after 1 km emerge at a main road and take a Left turn and then immediately Right following the waymarks.

After a rough start this path becomes quite pleasant passing through trees on either side, after 300 meters or so passing a small seating area on the Left with a fuente (not working at this time). KSO following the waymarks to the end and after approximately 1 km come out to a main road with a roundabout on the right facing the golf course straight ahead.

Cross the road and follow the waymarked path to the left with a green of the golf course on your right. Follow the path with the golf course on either side. KSO without turning Right or Left passing across a small wooden bridge over a brook. Continue on the dirt track through the trees. Follow this path and at a waymark turn Left to cross the motorway over the bridge.

At the end of the bridge follow the waymark taking the path to the Right. Follow this track generally uphill with the motorway on your right. KSO with a waymark to the left. KSO uphill for approximately 500 meters and turn Right and immediately Left following waymarks and KSO on this track through the trees.

At the end of the track where it meets a road follow waymarks to the Left. At the junction with a STOP sign turn Right into **Viadeiro. 7 kms** KSO through the village following the waymarks. At the end of the village follow the waymarked fork to the Left. Follow the road downhill to a STOP sign and follow waymarks and yellow arrows to the Right onto another minor road continuing gently downhill.

At the next junction follow the waymark and turn Left again continuing downhill. At the bottom of the road turn Right and on the left approximately **9 kms** from Pontedeume at the village of **Bañobre** is the Guntín concrete works with a picnic area opposite beside the river with a fuente. This is a most welcome place to rest.

At the main road cross over to the helpfully named Café Bar Taxonera and move up the Rúa Taxonera. There are many bars open early on this stretch – ideal for pilgrims leaving early in the morning.

The Rúa Taxonera becomes Rúa McMahon and at this point you will see the first yellow arrows on lamp posts. The signs indicate that across the road to your right is a Zona Militar.

KSO following the Avenida Mc Mahon. Pass a football pitch to your right and follow the road to the left as indicated by the waymark tile on the column of the wall on your right hand side. Follow the road down Estrada de Caranza following it right where it joins the Avenida Esteiro and proceed to the roundabout (you have now travelled approximately 3 kms). Turn Right following the arrows and KSO until you reach a roundabout with a sculpture and a sign indicating the Avenida do Mar to your right.

From here, there is a choice of two routes (see 'Alternative Route' below). As the map provided by the Tourist Office indicates, one choice would be to turn Left onto the Rúa Marques de Santa Cruz, crossing the motorway on a bridge, at the end of which you turn Right and then immediately Left (arrow) to walk down Canaval past a football ground, then Right onto the Avenida Nicasio Perez (routemarked), passing a McDonald's café (which, however un-pilgrim-like, makes a very handy toilet stop – also the tea's not bad), then follow the waymarks Left in front of the Lidl Shop, then Right onto the next road and then meeting up again with the alternative route beside the Renault showroom.

Alternative route - recommended

Another slightly longer but much more scenic route is to follow the Avenida do Mar keeping the sea to your right hand side all of the way to the end. At points you can move down to walk closer to the sea moving back up later. Also, in 2008 there was a public toilet on this stretch.

Towards the end pass a multicoloured sports centre and a football pitch on your left.

As you pass the road sign you will see a yellow arrow on the lamp post in front of you indicating a turn to the Left – go under the motorway and straight across the road to the right hand side. Proceed down to the Lidl Shop and just before it turn Right. **5.5 kms**. Follow the arrows down the right hand side of the Lidl store and turn Right turning Right again after a short distance at the waymark tile on the post opposite the Renault showroom.

(end of alternative route)

Carry straight on with the bay on your right hand side and factories on your left. There are seats and a fuente on this stretch.

In the following section, ignore red and white arrows, fluorescent yellow arrows mark the route accurately.

At the end of this track at the road turn Right and proceed to the roundabout and turn Left. Go to the sign "A Faisca" and turn Right to cross the motorway (ignoring a yellow arrow to the right, which leads to a dangerous informal level-crossing before rejoining the route described below) and then crossing over the railway. About 100 meters beyond the railway, turn hard Left and follow the road down to the railway line and KSO with the rail tracks to your right. Pass under the bridge follow the road as it bends left then take a Right turn with the waymark Rúa de Pena.



Pontedeume – Betanzos approximately 20 kms

Proceed up the Calle Real almost opposite the bridge. The first waymark tile is immediately on the left hand side. Pass the Plaza Real going steadily uphill towards the Church of Santiago. Turn Left and either take the steps up to the Church (for sello at the Rectory) or pass along turning Right at the fuente and Cruceiro in the Calle de San Augustin. In the Plaza de San Roque there is a very useful Supermercado with all provisions including much fresh fruit.

KSO steadily uphill following waymarks and veering left onto Souto da Vila continuing uphill and looking back at very nice views of Pontedeume. At approximately **1 km** or so from the Church of Santiago there is a Right hand turn with a road sign to the "Igrexa San Miguel de Breamo 3 Kms".

Continue straight ahead following yellow arrows. At the sign "Tabacos" on the left there is a shop with a bar behind.

Just a few steps beyond the shop at House No 70 take a Right following the yellow arrow on the ground uphill between buildings. KSO steadily uphill veering Left with yellow arrow on the ground. A farm track meets from the right. Almost immediately at a waymark turn Right onto a slightly larger road. Then turn Left approximately 100 yards later at a house called Cermuzo. KSO and after approximately 1 km follow the waymark to the Left downhill. Shortly after on the right is a picnic area with a working fuente with excellent water (though the tap is a little stiff) and a lavadero - useful after the climb out of Pontedeume. **3 kms**

Mass and sellos

There is a Mass at 8pm in the Church of Santiago and the sello is available in the Priest's house "the Rectory" immediately opposite. A sello is available also at the Confradia de Pescadores, fifty meters on your Right as you come off the bridge on arrival in Pontedeume.

Detour to the Church of San Miguel de Breamo

High above Pontedeume lies the solitary Romanesque 12th Century Church of San Miguel de Breamo. It is rarely open.

There are two ways of visiting the church:

1. Go up to the church of Santiago behind which is a notice board illustrating the way to get there through the forest. It is advisable to sketch it on a piece of paper to take with you as waymarking has faded. Go up the steps behind the notice board and proceed up the Rúa de Fonta Nova to house number 8 turn right and continue up...up...up... then you reach the church. If you follow this all the way you will not have the clear vistas of the bay of A Coruña which you get on the road so it is possible after the first stretch up the steps through the trees to turn right onto the road and descend either by the road or the forest route.
2. Follow the yellow arrows up the Rúa Real for about 1k then follow the road sign marked 3k to the church of San Miguel de Breamo.

Some pilgrims may choose to leave their rucksacks in their room for safekeeping while they visit the church before setting out on the route to Betanzos.

Good waymarking will take you through a pleasant area of peri-urban farmland and suburban housing. Very shortly you will pass under the motorway, bearing left and following a narrow path through a pleasant patch of scrub woodland, emerging onto a modern suburban street, taking the right-hand option, following an arrow on the road surface. At the end of this street, turn Right and descend gently to the beautiful Parish Church of San Martin de Xubia, which is derived from a 12th Century Benedictine monastery.

A Cruceiro and large modern statue of the Sacred Heart of Jesus make a nice resting place here, in the shade of trees, with an interesting Information Board about another Camino (that of San Adrés de Teixido, which starts hereabouts and goes to the northern coast of Galicia – this explains the red and white arrows). A few steps uphill (left) from the Sacred Heart statue you will see a waymark to the right, and follow the road until it branches right. Follow the arrows straight ahead on a forest path which you follow Right under the motorway. KSO until the track branches right onto a tarmac road - ignore the Left turn under the road and KSO passing a large pedestrian bridge over the motorway. Do not cross – pass underneath following arrows to the right and KSO veering Right at pylons onto to a tarmac minor road. KSO and at the next pedestrian bridge turn hard Right to cross over it.

Turn Right at the end of the bridge and KSO this forest path. At the end of the path follow the arrows to the right on a minor road turning Right at the end of the wall down to old mill buildings one with a sign, "Lugar do Outeiro de Xubia"

Follow the path Left and cross the path on top of the stone-built, tidal mill dam:



At the end of the path on top of the wall, follow the arrow to the right, walking between the houses and the river.

KSO to the end of the path as it joins a walkway at a waymark. At this point you have a choice.

1. Turn Left and go to the end of the road and turn Right again to access the shops, restaurants and Town Hall on the right for a sello in Narón. If you started your walk in Ferrol in the afternoon (which works well given present flight times from Stansted to Santiago, and bus times to Ferrol) then the Hotel Kensington here (tel. 981 387 326) is a good option for the night, with very reasonably priced pleasant rooms and a good menú del día, and they'll give you a sello. The dining room has inspiring pictures of the other caminos in Galicia. From the centre of Narón, proceed straight along the main street. Cross the bridge which takes you over the Ría Xubia into **Neda**. After crossing you will see a waymark indicating a sharp Right turn along the river bank – which is a very pleasant walk past the albergue, from which you follow the route below along the river.
2. Turn Right along a promenade with seats and fuentes. This is a very good place to stop and rest and perhaps have lunch. KSO for some time until the waymarks indicate a Right turn to a "Double Hoop" bridge over the river.

Facing you is the albergue:



Pontedeume

Where to stay

Ask at the local tourist office:

La Oficina de Turismo is situated on the first floor (1 planta) del Torreón de Los Andrade – the ground floor of the Andrade Tower, where there is a museum upstairs and a fine view of the bridge and the town from the top of the tower. They will have a list of recommended hotels and hostales – or consult the website www.turgalicia.es – or just wander around until you find somewhere – on the front is the reasonably expensive Hotel Eumesa.



After the bridge at the roundabout take the first exit and then first Right to the Calle San Augustin where there are three very reasonably priced establishments: The Hospedaje North - Telephone: 981 434 527; the Bar Louis with rooms (12 Euros per person) - Telephone: 981 430 235; and the Allegue 2 star Pension - Telephone: 981 430 035. 1 km outside of town on the road to A Coruña is a Retreat House - the Casa de Ejercicios de Pontedeume – Telephone: 981 430 142 or 981 430 335. If all 30 rooms are not in use with retreats or courses they may be available to pilgrims. 20 Euros single including breakfast, which is not served until 8.30 am.

KSO uphill and veer left at fork keeping to the forest path. At the top, turn Right down a grassy path parallel to and slightly below the road. On the right is a spectacularly large camino symbol, pointing in the right direction, sprayed on the end of a cylindrical tank in a garden. KSO following the path under the Viaduct Romariz, veer Left after passing under the road, and veer Right when you can see the sign for Fene Ferrol N-652 turnoff on adjacent motorway. At the end of the path turn Right onto a minor road. Keep straight on the road Right and at the end of the lane cross the road carefully and take up the path almost opposite to the Right. Follow this up to the main road at Cafeteria Vilar do Colo 3 kms from Fene. The Cafeteria is a typical motorway service station place, which won't serve food until 1pm. Although not especially friendly, the menu is cheap, the toilets handy and the shop a good place to stock up on provisions. To follow the camino, though, do not walk towards the Cafeteria, but instead, turn sharp Left across the road following yellow marks on the pavement, turning Left again on the opposite pavement, and then at the roundabout follow Pontedeume/Betanzos N-651 sign – yellow arrow to the right on the ground. **20 kms**

KSO keeping a sharp lookout for arrows on the ground indicating a Right turn before a bend in the road. Turn on to a delightful off-road track through the trees. KSO crossing a minor road and take up the path opposite. KSO until reaching a minor road with an arrow indicating a Right turn. Almost immediately cross over the motorway. At the end of the bridge turn Left onto a track then turn Right following the arrows onto a forest path. KSO and at the end turn Left and immediately Right. Go downhill and turn Left at a sign for Lodeiro. Halfway down this hill follow a waymark turning Right, and at the end turn Left. Follow the road downhill looking for the Right turn at the bottom.

KSO following waymarks downhill. A damp path heading into trees leads to an ancient stone-slab bridge, crossing a small stream which you then follow with the stream on your right. You come out to the road by a striking ancient millhouse and barn, apparently still inhabited. Turn left where you meet the road, making a steep but short climb upwards before the road levels out, then continue downhill, crossing the main road and going down the steps, turning immediate Left and going down and under the railway bridge. Then enter **Cabañas. 24 kms**

This famous bridge at one time had 116 arches, with a chapel at arches 21 and 22. Take it to cross the River Eume and enter **Pontedeume. 25 kms**

There are 28 beds with parking for bicycles. There is a dormitory and bathroom facilities for the disabled. In 2008 there were 2 telephone numbers listed:

629 224 622
981 390 233

This albergue is a short distance out of town and pilgrims should ensure the building is locked when they leave. **12 kms**

If you came via Narón (1 above) you KSO along the river bank. If you came via route 2 (over the bridge), you turn Right along the riverbank. KSO along the riverbank following the obvious route with sufficient reassuring waymarks. The walk is very pleasant. After some time a yellow arrow will mark a Left turn taking the path you are on onto a minor road. KSO passing a cemetery on the right and at the end of the small road turn Right onto the main Road.

Almost immediately turn Right to go anti-clockwise round the Iglesia de Santa Maria which has a plaque:

"Dedicated to the pilgrims who visit this site on their way to Saint James of Compostela".

Asociación O Camiño Inglés Año Santo 2004 Holy Year. **13 kms**

The church is usually closed. If you find it open you will see in the upper register of the reredos behind the main altar a striking "English Gothic" statue of Christ in chains. It is believed that this statue was brought from England in the first part of the 16th century by an Englishman, John Dutton.

The Parish Office is across the car park beside the cemetery. If it is open it may be possible to get the key of the church. Sello available.

Moving round the church cross through a children's play area across a small bridge and between houses following the waymarks. KSO with a walled garden on your left and you will reach paradise – i.e. a street called Paraíso. There is an old house on Paraíso where you join it, dated 1792, with the inscription 'HIS' – which likely identifies it as a Jesuit foundation. Turn Right along Paraíso, which in time becomes the Rúa Real.

When you arrive at an old building with a clock tower on your left you have reached the mediaeval Hospice of the Holy Spirit, which was run by a hospitaller order to help pilgrims. This building has now been restored and modernized for use by the local council (ayuntamiento or concello). To the right of the stairs leading up to the small plaza by the tower is a lone conifer, which is known locally as "El Arbol de Los Ingleses", or the tree of the English; reportedly it was planted by members of the Confraternity of St James in the 2004 Holy Year. Although the Camino carries on straight along the Rúa Real, it is worth the brief diversion of going up these stairs, then turning Right along the main road to visit the Casa da Cultura, which is on the left a short way down the road. On the first floor are some spotless toilets and a very helpful visitor information office, which will provide a sello, as well as abundant information on the Camino and places to stay all the way along it. They are extremely friendly and delighted to welcome pilgrims. To get back to the Camino, walk down the alley between two houses opposite the Casa de Cultura (stone paved alley, house on the right is currently painted green) and turn Left into the Rúa Real.

Continue along the Rúa Real with 17th and 18th century houses, as far as Rúa do Castro. Notice house 66 on the right with the inscription "Año de 1786" above the window.

At number 84 is a useful shop for provisions. Opening hours are irregular. If you need supplies, go uphill to the main road which has bars and a shop.

At the junction beside house number 92 Rúa Real turn Left and KSO passing a cemetery on your right. KSO then veer Left at building number 29 following the arrows.

Divert briefly to the right to visit the interesting church of San Nicolás with its splendid Cruceiro, one of the oldest in Galicia. (If closed, the key to the church is always kept in the Bar next door Casa Rios, which is also a grocery shop.) Inside the church there is a fine monument to the Andrade family, the most powerful in the area in the Middle Ages. Then Neda was one of the minor ports of disembarkation for pilgrims. Go back to the Rúa Real to pick up yellow arrows again.

Cross the main road and the KSO the Camino do Regueiro. At the end of the road, a waymarked turn to the left takes you uphill on a track below a retaining wall supporting the motorway. At the main road at the top of the hill go Right. Note the waymark across the road at the bus shelter and cross over. This is a good place to rest on a hot day before the further climb ahead.

A couple of hundred metres after the bus shelter a waymark indicates a turn to the Left and follow the arrows uphill. Soon two roads turn to the right. Take the second, larger road, and shortly cross the motorway. KSO.

There is a brief climb and at the top of the hill at Silva turn Right. KSO with beautiful views gradually going downhill until a waymarked Left turn at a sign for Conces. KSO following arrows and on the left of the road at the corner just before Conces Arriba sign there is a lavadero with a shaded picnic area. The locals say the water is drinkable and it is deliciously cold.

From the lavadero KSO, with great views across the Ferrol estuary, and to the nearby Navantia shipyard in Fené. KSO following waymarks, ignoring a turnoff on the left into the hamlet of **Casanova**. Follow the waymarks straight on, going slightly downhill to reach another lavadero, marked 1916, with a shelter and seating area. Locals arrive regularly to fill water containers for drinking, so it's also safe to fill bottles here.

The road winds down then gently uphill to the left, well waymarked, and past another lavadero marked 1957 on your left. Proceed down to the main road.

Go straight across passing the Cafetería Lembranza with the Café Bar A Ponte on the left and almost immediately pass the Casa do Concello of Fene on your right. Sello available on the first floor. **17.5 kms**

Go to the end of the road and turn Left. Almost immediately turn Right. Keep straight on left at house 21 then KSO through the hamlets of Perlio and Mundin (or Chamoso, according to the Gallego graffiti on the sign), and bear Left at a lavadero. Then KSO on uphill. As the road veers left take the waymarked forest path, which is a beautiful shaded section.