

BED BUGS

UNDESIRABLES ON ROADS OF SAINT JAMES

CIMEX LECTULARIUS



Real
size

Bed bugs are about 1/4 inch long, flat, generally brown in color but dark red after a blood meal. They live all over the world and feed mainly on the blood of humans and other animals.

Bed bugs hide in cracks and outlets in the walls, behind baseboards, wallpaper and pictures, between bed joints and slats, around the tufts of mattresses and in bed linens. They let little black stains on sheets. They go out at night to bite.

The reaction to bed bugs bite varies a lot depending on people, and is declining as people are getting older. Bites can sometimes lead to nervous and digestive troubles, and to tiredness. At the beginning, bite is not very painful, but then it quickly leads to itches.

Every itch lets on the skin a little spot about 2 mm, circled by a red area about 15 mm. Sometimes, there may be a swelling or a reaction looking like nettle rash.

In temperate countries, bed bugs do not transmit any human pathogens.

The recommended treatment is an antihistamine at the rate of one tablet per day during 2 or 3 days.

Bed bugs can be destroyed with pyrethrum-based aerosols, and by repeating the treatment some weeks after.

Bed bugs travel in suitcases, packages, sleeping bag...

If you think you've been bitten or if you've seen bed bugs, don't hesitate to tell the owner : He will give you directions.

It is up to you to be careful and to act responsibly !